



HEALTH**MATS**

A GUIDE TO MAT SAFETY



Introduction to Style, Size, and Care of Mats

Protecting those who create foot traffic on your property begins with mat safety measures. It's imperative to ensure that they are implemented. The number one concern of facility managers and safety committees is to avoid slip and fall accident litigations.

Workplace safety standards are critical— especially when there are a significant number of safety hazards.

Selecting the proper style of matting is dependent on the environment, usage, and amount of foot traffic. The correct size mat is also important when selecting a mat. Mat size should be relevant to the space and the amount of foot traffic that is anticipated.

We have created instructions for the care of mats when they are not in use for the purpose of showing customers how to store the mats properly.

[DOWNLOAD INSTRUCTIONS](#)

Proper care of mats is essential to protecting the vitality of the mat. Health Mats provides a mat program to address this issue. Mats are cleaned and maintained on a regular basis through our delivery of clean mats on a weekly, bi-weekly, or every four-week schedule.

Mats are laundered in industrial machines that rid the mats of dirt and soil.

In this guide, we outline different mats and criteria to consider when choosing mats for various places.

[*Check out this quick video to see how proper mat care is done!*](#)

Criteria for Selecting the Right Mat

Ask yourself these questions before choosing mats for your commercial property.

What is the main objective you're looking to accomplish?

Are you looking to protect employees against fatigue and muscle soreness (anti-fatigue mats), static electricity (anti-static mats), or other workplace hazards (anti-microbial industrial mats)?

What problems are you trying to solve?

Does your entrance area have mats that do not absorb moisture, or trap dirt? Have there been any incidents that are caused by the wrong type of mat?

Do you need holes in the mat surface?

If employees are working in wet environments where water is present, it is advised to select an industrial safety mat with holes. The drainage holes allow stagnant water to leave the mat surface without causing a slip and fall accident.

How thick or heavy does the mat have to be?

Decide how thick your mat needs to be in order to be effective. Additionally, do you desire a light-weight mat or heavy-weight mat?

Material Type and Maintenance

Do you want your mat to be rubber or nylon? How are you maintaining your mats? Do you need a weekly, bi-weekly, or every four-week service to help keep the mats in good shape?

Standard Walk Off Mats

These mats combine beauty and function. They produce a commercial mat that is highly effective in protecting floors from damaging dirt and moisture. Walk off mats not only protect the flooring but they serve to help people walk through an area without slipping on a hard surface.



Custom Logo Mats

Logo mats are designed primarily for the purpose of branding a business. They can also help to reduce the amount of moisture that walks into the building. Logo mats are also backed with a nitrile rubber backing that is available in either flat back or gripper backing.



Cushion Station Mats

Cushion Station Mats are ergonomically designed for people who are on their feet for long periods of time. These mats keep your employees safe and comfortable. The beveled edges help ensure a safe transition from the mat surface onto the surrounding floor. This reduces the likelihood of trip accidents. The backing grips to the floor superiorly, providing excellent skid resistance. Additionally, this mat has been anti-microbial treated to prevent the spread of germs and reduce odors.



Comfort Flow Mats

Provides excellent anti-fatigue properties for added employee comfort and improved ergonomics. This improves employee morale and productivity. Beveled edges meet the standards set by the Americans with Disabilities Act. The slip-resistant surface reduces slip and fall accidents. Comfort Flow mats are "Anti-Static" for use around sensitive electronic equipment. Anti-microbial Treated - The anti-microbial treatment guards against degradation from microorganisms and minimizes mats being a source of odors. It also allows fluids to drain through the holes instead of sitting on top of the mat. These features of the comfort flow mat make this mat ideal for the food service industry and commercial kitchens.



Launderable Mats

Wet Step Mats

The Wet Step is an anti-fatigue mat that can serve many purposes. Along with its ability to comfort tired muscles, this mat can also be utilized for wet applications. The holes provide an easy way for water to drain, making the mats perfect to use in wet areas, like shower rooms. They are made from 100 percent Nitrile rubber, which ensures comfort and prevents degradation.



Scraper Mats

These types of mats are placed outside your building as your first defense against dirt, grime, and moisture.



Consequences of Slip and Fall Incidents in the Workplace

Implementing a walkway safety solution program in your facility can easily prevent slip and fall accidents.

Slip and fall injuries are one of the leading causes of worker's compensation claims for employees. Many claims are due to surface-related accidents.

Workplaces, in general, present a variety of hazards for employees. But industrial or commercial manufacturing facilities create different challenges, in which safety is not an option but a necessity.

The financial burden of slip and fall accidents is tremendous!

According to the National Safety Council, compensation and related medical expenses cost around \$70 billion annually.

Preventing slip and falls reduces the likelihood of worker's compensation claims and costly litigation--both of which can be a burden on your business.

Consequences of Slip and Fall Incidents in the Workplace

Slip and fall accidents are not only damaging financially, but also have a negative effect on workplace productivity.

22% of slip and fall accidents caused employees to be away from work for 31 days or more.

Employee absences cause a loss of productivity. They increase the need for temporary and often more expensive and less productive workers. By simply implementing a commercial matting program, business owners can drastically reduce the chance of slip and fall accidents, as well as their damaging effects to productivity.

Conclusion

Have one of our floor safety specialists visit your property for a walkthrough. This will give you an opportunity to express your concerns and allow us to determine the proper matting needed for your building. Safety is always a priority when it comes to floor mats.